

Triangle Ministry Shared Table Meal

Guidelines for Serving Groups



Thank your interest in volunteering to serve a meal at Triangle Ministry's Monday Meals! The meals are served in Brittingham Apartments, 755 Braxton Place, in the community dining room on the first three Mondays of every month from 5:00 to 6:00 p.m. A group of residents offers the Friendly Social Meal on the last Saturday of each month, so we will not offer a meal the following Monday.

We typically serve 50 to 60 people, but believe the meal will grow in attendance as the year progresses. Groups will bring the main dish or entree, salads, and desserts/fruit. Bread and milk, disposable plates, cups, napkins, plasticware, Nescos and serving utensils are provided.

Here's what you'll need to serve a meal:

- 1) 8 to 10 people to share two to three hours preparing, serving and cleaning up the meal,
- 2) 2 to 3 more people to contribute a main dish, salads and desserts,
- 3) the desire to meet and serve your neighbors at the Triangle, the area bounded by Park, Regent and W. Washington.

Serving groups may provide the meal in the following ways:

- **Purchase** and bring in the main dish from, or have the it donated by, a local business, i.e. sub sandwiches, lasagna or pizzas. (You still need to provide salads and dessert/fruit.);
- **Make** meal off site and bring it in (sloppy Joes, lasagna, casseroles, salads, dessert/fruit). Everyone makes the same main dish. Recipes will be provided if needed.
- **Buy** meal ingredients and prepare the food in the Brittingham kitchen. (This works well if the group is bringing something like Haystack Tacos where meat can be easily browned on site, kept hot and served, and veggies can be chopped in the kitchen.)

Other guidelines include:

- Volunteer serving groups arrive at 4 p.m. with the food for the evening meal. **Hot food is brought in hot and reheated to the proper temperature (165 degrees F) in ovens or Nescos. Cold food is served on ice in the ice boat and kept refrigerated until served.**
- Between 4 and 5 p.m., the serving group wipes down tables with bleach water, puts out centerpieces, maintains main dish at 165 degrees, sets out salads and desserts, makes coffee, arranges plates, cups and plasticware, prepares pitchers of water and milk, etc.
- A TCM staff member, board member(s), steering committee member(s), Friendly Social Meal representative(s) and/or TCM meal coordinator will be on site to work alongside every volunteer group.
- Volunteers will serve in two shifts, one beginning at 5:00 p.m., the other beginning at 5:30 p.m. and will be encouraged to eat with residents when not serving.
- Volunteers will wear gloves when preparing and/or serving food.
- Health Department rules will be followed at all times.
- Meals are intended for residents of the Triangle.
- Entertainment such as music, skits, readings, craft activities, etc. may be offered during the meal. Your group may arrange this activity if you so choose.

Questions? Contact Meg Nielsen, Outreach Development Manager, Triangle Community Ministry at churchladymeg@hotmail.com or 608-257-8517.