

# Triangle Ministry Shared Table Meal

## Guidelines for Serving Groups

Thank you for your interest in serving a Triangle Ministry's Shared Table weekly meal! The meals begin January 15 and will be served in Brittingham Apartments, 755 Braxton Place, in the community dining room on the first three Mondays of every month from 5 to 6:30 p.m. A group of residents will continue to offer the Friendly Social Meal on the last Saturday of each month, so we will not offer a meal the following Monday.

We expect from 40 to 60 people at first, but believe the meal will grow as the year progresses. Groups will bring the main dish, salads, and desserts. Bread and milk, disposable plates, cups, napkins, plasticware, Nescos and serving utensils will be provided.

### Here's what you'll need to serve a meal:

- 1) 10 to 12 people to share two to three hours preparing, serving and cleaning up the meal,
- 2) 2 to 3 more people to contribute a main dish, salads and desserts,
- 3) the desire to meet and serve your neighbors at the Triangle, the area bounded by Park, Regent and W. Washington.

### Serving groups may provide the meal in the following ways:

- **Purchase** and bring in the main dish from, or have the it donated by, a local business, i.e. sub sandwiches, lasagnas or pizzas. (You will still need to provide salads and desserts.);
- **Make** the meal off site and bring it in (sloppy joes, lasagna, casseroles, salads, desserts). Everyone makes the same main dish. Recipes will be provided if needed.
- **Buy** meal ingredients and prepare the food in the Brittingham kitchen. (This works well if the group is bringing something like Haystack Tacos where meat can be easily browned on site, kept hot and served, and veggies can be chopped in the kitchen.)

### Other guidelines include:

- Volunteer serving groups arrive at 4 p.m. with the food for the evening meal. **Hot food is brought in hot and kept heated to the proper temperature (165 degrees F) in ovens or Nescos. Cold food is served on ice in the ice boat and kept refrigerated til served.**
- Between 4 and 5 p.m., the serving group wipes down tables with bleach water, puts out centerpieces, maintains main dish at 165 degrees, sets out salads and desserts, makes coffee, arranges plates, cups and plasticware, prepares pitchers of water and milk, etc.
- A TCM staff member, board member(s), steering committee member(s), Friendly Social Meal representative(s) and/or TCM meal coordinator will be on site to work alongside every volunteer group.
- Volunteers will serve in two shifts, one beginning at 5:00 p.m., the other beginning at 5:45 p.m. and will be encouraged to eat with residents when not serving.
- Volunteers will wear gloves when preparing and/or serving food.
- Health Department rules will be followed at all times.
- Meals are intended for residents of the Triangle, but ID or sign-in will not be required.
- Entertainment such as music, skits, readings, craft activities, etc. may be offered during the meal. Your group may arrange this activity if you so choose.